

TOGETHER

Autumn 2024

September to November
Distributed free within the Benefice

Helmingham
Debenham



Framsden

Pettaugh



Winston
Kenton, Aspall



THE BENEFICE OF
DEBENHAM & HELMINGHAM

Reflection by Rev'd Graham Noble

A friend sent me a Facebook picture and article about an elderly female penguin whose partner died this year and a young male penguin whose partner had died two years previously.

They would meet each night to comfort each other by standing close to each other to look over the Melbourne skyline.

The title of this piece is, "Fact will blow your mind".

Well, I suppose it would blow your mind if you happen to think that the universe is a pointless arrangement of atoms, and everything that happens is an endless regression of cause and effect.

But I do not live in this kind of universe.

My understanding as a Christian is that the universe starts in the mind of God. God is a communion of shared love who humbly gives us existence. The Trinitarian God calls the universe into being through the Spoken Word.

The Word creates and dwells in the universe. The universe is created and dwells in the Word.

The whole kit and caboodle, the whole universe, flows with the consciousness and love of God, but is never overpowered by that love and consciousness. We can find evidence of this everywhere and our two penguins are showing it clearly. They gather together for support.

And we humans need support from each other. This support is both a memory of our past and a hope of the future. However dimly, we can remember that our source is our loving creator. The hope is the oneness we can know of dwelling in the warmth of God, the Trinity of Love.

But for much of our time we live in winter. It feels cold. It feels lonely. There is too much suffering in the world to be able to take the easy paths in Christian life.

Even in winter we can look to the East. The sun rises in the east. The warmth rises in the East. That is indeed the faith, the hope of the Christian faith. It is why most Christian church buildings face East

Memory and hope can give rise to the way we seek and give comfort to each in our communities. I believe this is the way we mirror our creator who is giving us our being in each moment. We mirror consciousness and love as we give and receive support from each other. We mirror the Three in One consciousness who is our Creator, our Sustainer and our Final Goal.

Debenham and Helmingham Benefice Church Services December

Sunday 1st December	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Wednesday 4th December	5pm	Debenham	Christingle Service
Sunday 8th December	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Framsden	Holy Communion
		Aspall	Carol Service
	6.30pm	Helmingham	Carol Service
Sunday 15th December	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
	5pm	Kenton	Carol Service
Friday 20th December	5pm	Framsden	Carol Service
Sunday 22nd December	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Carol Service
Christmas Eve	5pm	Debenham	Crib Service
	6.30pm	Winston	Carol Service
	11.30pm	Debenham	Holy Communion
Christmas Day	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
	10.30am	Kenton	Family Service
Sunday 31st December	10.00am	Debenham	Benefice HC

See also the Carol Services poster on the next page

CAROL SERVICES

DECEMBER 2024



Sunday 8th	11.00am	Aspall Carols
	6.00pm	Helmingham Carols
Sunday 15th	5.00pm	Kenton Carols
Monday 16th	7.30pm	Debenham Carols
Thursday 19th	7.00pm	Debenham High School Carols in Debenham Church
Friday 20th	5.00pm	Framsden Carols
Sunday 22nd	11.00am	Pettaugh Carols
Christmas Eve	5.00pm	Debenham Crib Service
	6.30pm	Winston Carols

FRAMSDEN

Framsden Village Hall

The hall has been busy over the summer and autumn with the regular bookings and events such as the Framsden olympics, The Framsden Greyhound pop up pub and pizza evening, and Apple Day.

Debenham and Helmingham Benefice Church Services January

Sunday 5th January	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 12th January	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Holy Communion
Sunday 19th January		Framsden	Morning Prayer
	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
Sunday 26th January		Kenton	Morning Prayer
	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

Christingle Service

Wednesday 4th December

5pm, Debenham Church

In aid of the Children's Society

Join us to enjoy a short family service and collect and light your Christingle



www.christingle.org

Debenham Carols

Monday 16th December 7.30pm

With the

Salvation Army Brass Band



We have a new line dancing class on Tues 5.30-6.30 and Thurs 9.30-10.30am contact Lucy 07931 434064

Upcoming events

Sat 7th December Garden group willow wreath making

Fri 13th December Village carol singing and mince pies

Fri 20th December Country and Western Christmas party, details from Lucy as above

To book the village hall contact Charlotte framsdenvillagehallbookings@gmail.com. More details on the website (www.framsden.onesuffolk.net/framsden-village-hall) and Facebook page (www.facebook.com/share/yiv3N8Rgf8fSv1Jo). There is also a small meeting room available free of charge.

WINSTON

A warm welcome back to Winston to the families from Fenn Street who have now moved back into their homes following the devastating floods of October 2023.

The annual Ride and Stride for Suffolk Historic Churches Trust took place on Saturday 14th September. Unfortunately we had no one take part for Winston but we had five cyclists and two walkers visit the church.

The Pet Service on Sunday 15th September was great fun. I lost count of how many dogs there were but we did have Bonny the Pony, Tommy the elderly tortoise (who I believe is between 80 and 100 years old) and Moose, the Kune Kune pig. Thank you to all the owners who brought their pets to the service and stayed for refreshments in the schoolroom after the service.

Thank you to everyone who decorated the church for the Harvest Festival on Sunday 22nd September and for all the generous donations of “tins and packets” which were given to a local food bank.

The Evening Prayer service should resume in April after the winter break.

Congratulations to Richard Branch and Charlotte Skeet who announced their engagement in October.

The Carol Service takes place on Christmas Eve, 6.30pm in the church. Any readers or musicians willing to take part please contact Veda on 01728 861363. The Carol Service collection goes to E.A.C.H.

Please note **no service on Christmas Day**.

The Annual Winston Quiz usually takes place in the spring, more details in the next magazine.

The Schoolroom has been redecorated, with more to do, and the floor has been reoiled. The Schoolroom is available to hire at very affordable prices.

Wishing everyone a very Happy Christmas and all good wishes for 2025.

Sandra

On 8 September 2024 Matilda Rachail Luise Pollard, daughter of William and Greta Pollard, was christened in St Andrew’s Church, Winston by the Rev Susan Taylor. She is the great-granddaughter of Tony and Marie-Luise Pollard.

On 12 October 2024 the Rev Patrick Cotton, former vicar of Debenham conducted

Debenham and Helmingham Benefice Church Services February

Sunday 2nd February	8.00am	Aspall	Holy Communion
	9.30am	Debenham	family@church
Sunday 9th February	8.00am	Kenton	Holy Communion
	9.30am	Debenham	Holy Communion
		Winston	Morning Prayer
	11.00am	Helmingham	Morning Prayer
Sunday 16th February		Framsden	Holy Communion
	8.00am	Aspall	Holy Communion
	9.30am	Debenham	Holy Communion
		Framsden	Morning Prayer
	11.00am	Pettaugh	Holy Communion
Sunday 23rd February		Kenton	Morning Prayer
	9.30am	Debenham	Holy Communion
	11.00am	Winston	Holy Communion
		Pettaugh	Morning Prayer

a short service of thanksgiving for the 65 years of marriage of Tony and Marie-Luise Pollard. 23 members of their family attended. The service was followed by a prayer at their son Julian's grave. The family then had lunch together at the Debenham Lion.

A group of local artists - **The Art Collective** - will be holding an exhibition and sale of work alongside their tutor **Jacqueline Cotton** at The Old Schoolroom, Winston, on **Saturday 30th November** and **Sunday 1st December** from 10am till 4pm. There will be original artworks, prints and cards for sale and you can enjoy a cup of tea or coffee and cake whilst browsing. Free entry and parking.

HELMINGHAM

The combined Harvest Festival and Holy Communion was conducted by Rev Susan Taylor. Congregation members donated food suitable for distribution at a food bank.

Christmas Carol Service will be on Sunday 8th December. There will not be a Christmas Day service at St Mary's Helmingham, but details of services held at other churches can be found in the list of Benefice Church Services for December.

The Summer Drinks evening in September was enjoyed by around 60 people, despite the wet weather making it impracticable to hold the event in the garden The

decision to move the event into Helmingham Hall was appreciated by the guests, a good time was had by all and £770 was raised for St Mary's Church, including some donations.

A Quiz Night will again be held in the Coach House at Helmingham Hall, on Saturday 1st February. Come along as a team of 6 or join others to make up a team on the night, £7 per person, under 16s free, interval refreshments are included. You are welcome to bring your own drinks and additional snacks. To help with catering, tickets are available from Sue Haskins, Estate Office Email office@helmingham.com Telephone 01473 890363

Helmingham Primary School & Nursery

Having held a Harvest Festival Service in St. Marys Church, Framsdén, with gifts of food donated to FIND (Families in Need) and music ringing our to the Harvest Samba and the Hungry Caterpillar (made by the Early Years in Hedgehogs Class) working down the aisle whilst his story was told! We now look forward to Christmas/New Year and all the engagement and learning that will run through the curriculum in classes.

A wonderful addition to our After School Enrichment Clubs is the Lego Club which is running on a Friday after school. Great excitement in the Dinner Hall when 5 'very' large boxes were delivered and stored. They held everything needed to participate in the Lego IET submerged league. Guaranteed to bring out the imagination, creativity and sense of fun with all the children.

Foxes (KS2) have been learning about the different components of the blood and their functions within the blood stream. They embedded their learning by creatively creating smoothies using different ingredients to represent the different components. Mrs Richardson said her favourite had to be the white blood cells made from mini-marshmallows – Mrs Runacres liked to red blood cells made with raspberries!

Rev. Susan has continued to come and take assemblies in school and the first one with the Hedgehogs Class (Early Years, Reception and KS1) was speaking about Friends and engaging with the children as she shared her 'Teddy' and listened to their views. It finished off with an action song which can still be heard on the playground and revisited in class.

We had a very kind invitation from Lord and Lady Tollemache to visit the Christmas Lights at Helmingham – the children get very excited and it is an amazing experience for them and the staff to share together.

On Tuesday 10th December at 2.30 pm the whole school will be bringing some Christmas Spirit to St. Marys Church, Framsdén. Based around the Nativity with songs and readings. Do please join us – open to all parents, relatives, friends and 'Together' Villagers.

On the Thursday 12th December at 3.30 pm at The School – children will be per-

forming a Nativity with songs. Following this will be a small Christmas Fayre with items made by the children, activities, refreshments and Mulled Cider! Again do please join us for this event. (Please just ring the office so we know seat numbers)

The next week we will be heading off on the coach to Bury St. Edmunds for a traditional panto with our partner school Henley. Oh no you're not! Oh yes we are!

In our little School, we make big things happen through IMAGINATION, CREATIVITY AND CURIOSITY. We provide an exciting collaborative curriculum with an outdoor learning focus with dedicated and devoted staff – come and speak to us we would love to show you around.

Email us on office.helmingham@consortiumtrust.org.uk or contact us on Tel: 01473 890267.

Wrap around care is also available 8am to 5pm.

PETTIAUGH

In comparison to the last few years we have had very mixed weather this summer. According to the Met office this summer was the second wettest in the UK since national records began in 1912, and it is the wettest in 100 years. Thankfully, we have escaped the floods we saw in October 2023, although sadly, some parts of the country have had some flooding.

The Annual Ride and Stride for Suffolk Historic Churches took place on 14th September and many took to their cycles, to ride to each of our seven Benefice Churches and beyond. Well done to all those who took part, and thank you to Ruth Crane for organising it again.

The Harvest Service was held on 22nd September and the church was beautifully decorated. Food donations were collected at the service and taken to St Marys Debenham to be added to the collection being made there. All the donations were then taken to the Waveney Food Bank for distribution to those needing help in these difficult times.

Some of our more elderly residents in the village have been unwell of late, and we wish them all a comfortable and speedy recovery. Many cases of Covid are still lurking so please take care.

The year 2024 will be remembered mainly for the general election and as I write this, we are awaiting the first Labour budget? More locally, the success of Ipswich Town F.C. in reaching the Premier League has delighted football fans.

Dates for St Catherine Church diary:-

Saturday 29th November - Wine and Cheese evening at 7pm. £10 payable on the door. (Cash please.)

Sunday 22nd December - Carol Service 11.00am

Christmas Day - Holy Communion at St Mary's Debenham

All are most welcome to these events.

DEBENHAM

St Mary Magdalene Christmas Market

Saturday 7th December, 1-4pm at Debenham church.

Parish Pantry

Every Wednesday morning, 10am to 11am in the church. Collect a bag of groceries for £3.50.

Parish Café

Every Wednesday, 10am to 11.30am in Dove Cottage. Hot drinks, cake and chat, for a donation only.

Family@church

A family friendly service for the young and not so young. On the first Sunday of each month, 9.30am breakfast, 10am service.

Waveney Foodbank

A collection box for Waveney Foodbank is in the church porch. Debenham Co-op also has a box for collections (Stowmarket Foodbank).

Meet up Mondays

10am-2pm in Dove Cottage. Lots of activities including jigsaw puzzle exchange, refreshments, games, crafts and books. Dogs welcome. Sponsored by Debenham Parish Council.

Debenham Library

This year we are taking part in Debenham Advent Windows. Come and have a look—and borrow some books!

Books, DVDs, WiFi, Computers, Printing/photocopying/scanning, A4 Laminating, CDs, audiobooks, downloadable music/audiobooks/eBooks, free reservations, drinks for sale. The room is available for hire outside opening hours.

Tuesday 0930 am – 1300 pm Wednesday 1500 – 1930 pm

Saturday 0900 am – 1300 pm Sunday 1200 – 1600 pm

Tel: 01728 861940

www.suffolklibraries.co.uk/libraries/debenham-library

Facebook: @DebenhamLibraryandFriends

Email: debenham.library@suffolklibraries.co.uk

Suffolk Libraries: Mobile Library Routes (every 4 weeks)

Aspall Church, Thursdays 1145-1210

Debenham, Gracechurch Street/Henry Street Thursdays 1115-1145

Framsden Village Hall, Thursdays 1400-1415

Pettaugh, Old Bull, Fridays 1535-1555

See www.suffolklibraries.co.uk/visit/mobile-libraries for more information.

Debenham Green Team

At DebFest (see page 9) we will be launching Debenham Community Nature Reserve, inviting residents to set aside a small area of their garden for wildlife.

On the first Saturday of each month, outside The Lion from 9am-11am, we collect Tetrapak cartons, plastic flower pots and contact lens packaging, as well as the items below. We have containers for pens, dental products and corks, at the back of the church. Also old candles for recycling. Join the mailing list at debenhamgreenteam@gmail.com or look at the website www.debenhamfuture.com. See the events coming up at www.facebook.com/DebenhamGreenTeam, or www.debenham.onesuffolk.net/debenham-green-team for basic information.

Debenham History Society

See <https://thedebenhamarchive.net> for the current series of programmes, as well as an extensive archive of information, photographs, publications, etc and to join their mailing list. Publications archived now included Debenham Parish Magazine, a Debenham Village Guide of 2002 and this magazine.

Editor's notes

The Copy deadline for the next *Together* magazine (March-May) is **25 January**, and is normally published about two weeks later. Quarterly, A5 format. 700 copies are printed and collated on Rizograph stencil copier, distributed free by members of Winston church. Send copy to the editor by email, email attachment (Word or Publisher formats preferably); Adobe PDF format may be suitable. Photographs do not reproduce well but graphics are usually OK. If you can't do any of these send the copy in the post.

Editor: Tony Hutt, Email: tony@tonyhutt.co.uk Tel (01728) 860173. 19 Priory Lane, Debenham, Stowmarket, Suffolk, IP14 6QD.

Advertising payments to Kate Branch, The Red House, Winston, Stowmarket IP14 6LG Tel (01728) 861004 Email: cmcbranch@btinternet.com (payable to Winston PCC). 1/8 page for £20 p.a. (4 issues); 1/4 page for £40 p.a.; 1/2 page for £80 p.a. Send advertising enquiries and advertising copy to Tony Hutt.

This magazine is published online at www.achurchnearyou.com/debenham and earlier copies are available at www.issue.com/tonyhutt and <http://thedebenhamarchive.uk>.

Suffolk Historic Churches Trust

In 1973, a small group of church-lovers realised that, if Suffolk's historic churches

and chapels were to survive for the future with increasingly small congregations, they needed financial help. In fifty years, supporters have raised the equivalent of around £10m in today's money, from the membership fees of its 'Friends' organisation, from donations, grants, legacies, and, in particular, from the annual Suffolk Churches Ride and Stride sponsored event and, more recently, the Pedal and Drive Vintage and Classic Car rally.

The Trust is non-denominational and all churches, chapels and meeting houses, of any age, are eligible to apply for grants to help fund repairs to their building or to make improvements such as disabled access, toilets and kitchens, enabling the building can be used for community and fundraising events. Churches which have received a grant now have a blue plaque on display from the Trust.

You can join the Trust as a member and receive newsletters, take part in Study Days, looking with specialist guidance at various aspects of Suffolk's wealth of churches and receive an invitation to the annual Friends' Meeting and Supper and to the Annual Service. The fee starts at £15 a year for individuals, and churches and PCCs can join for £25. See www.shct.org.uk/friends.

Many church guides are now available online at www.shct.org.uk/guides-to-suffolk-churches, including Debenham (St Mary's and URC), Aspell, Framsdon, Kenton and Winston.

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For more information

Part funded for 2024-2025 by the Pargiter Trust

Useful links

Debenham website and PC
Framsden PC
Framsden village
Winston website and PC
Pettaugh website and PC
Framsden Baptist Church
Forge Church (Debenham)

www.debenham.onesuffolk.net
www.framsden.onesuffolk.net
www.framsden.org.uk
www.winston.onesuffolk.net/parish-council
www.pettaugh.suffolk.cloud
www.framsdenbaptist.org
www.forgechurch.com



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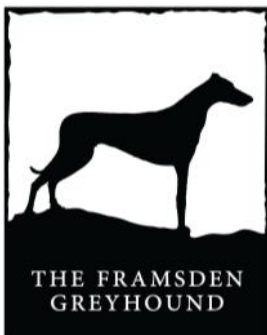
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Winston School Room

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details.

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WHO'S WHO IN THE BENEFICE

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Website: www.achurchnearyou.com/debenham (*this page has links to the other churches in the Benefice*). *Together* is also published online at www.issuu.com/tonyhutt where previous issues can be found.

Facebook: @debenhamandhelmingham Instagram: [debenham_helmingham_benefice](https://www.instagram.com/debenham_helmingham_benefice)

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Mr Tony Hutt 01728 860173 tony@tonyhutt.co.uk

Winston Schoolroom

To hire, contact Kate Branch on 861004, The Red House, Winston IP14 6LG or email cmcbranch@btinternet.com.

Dove Cottage

Contact: Ray Watts, 70 High Street, Debenham IP14 6QP Tel 01728 860255